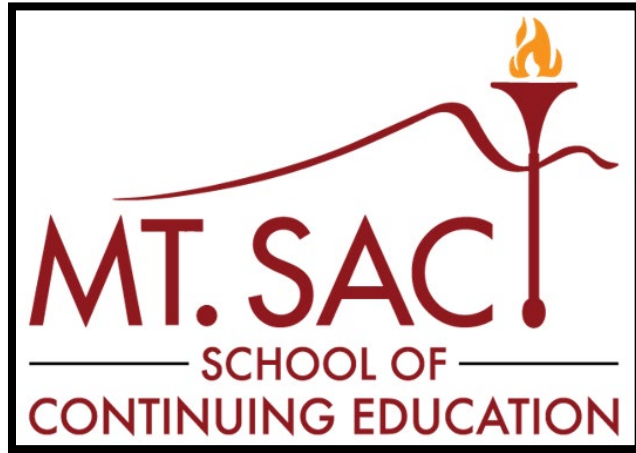


Adults with Disabilities AWD/IMPACT Class Schedule Fall 2024



Fall Term: August 26-December 22, 2024

Holidays: 9/2, 11/11, 11/28, 11/29

Register today!

Contact Us

Phone

909-274-4192

Email

impact@mtsac.edu

Website

www.mtsac.edu/impact

Facebook

www.facebook.com/mtsacimpact

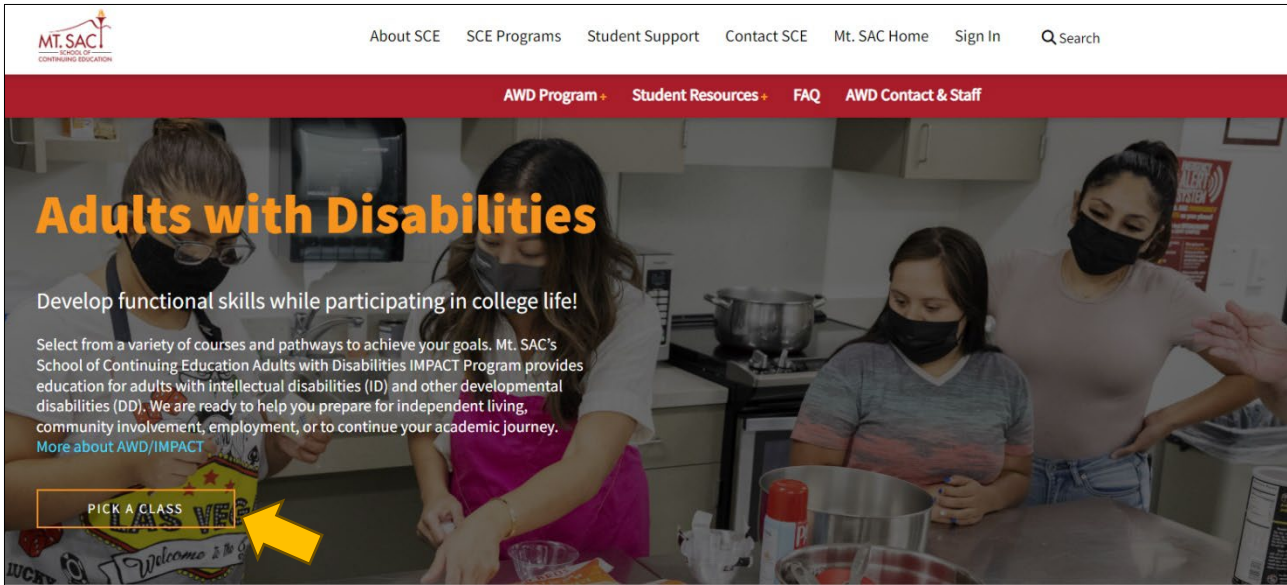
Instagram

www.instagram.com/mtsacimpact

Version 4: Updated 8/13/24
Schedule subject to change.

The class schedule is subject to change.

1. For the most up-to-date schedule of classes, visit our website or scan the QR code to the right. Website: www.mtsac.edu/impact.
2. Click on “Pick a Class”



3. Scroll down to “Pick an AWD/IMPACT Class.” Click on the type of class you are interested in.



4. **Scroll down** to see the most current schedule of classes at all locations!

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Registration Information

Registration is happening now. Sign up today!

New Students

If you are new to the AWD/IMPACT program, welcome! We are happy to have you as a student. All of our classes are open-entry, which means you can sign up any time, as long as space is available. You can get started taking classes in just four easy steps. If you need assistance with any of these things, please call us at 909-274-4192 or send us an email at impact@mtsac.edu.

1. Complete the School of Continuing Education Application (noncredit)
www.mtsac.edu/noncreditapp
2. Complete the AWD/IMPACT Student Intake Form
3. Meet with a counselor where you will complete an orientation and select your classes
4. You're ready to start classes!

Current Students

Students can register for classes online, in person, or by meeting with their counselor.

To register online, complete the noncredit application online each semester. After completing the noncredit application, we will contact you and help you register for classes. The noncredit application is available online at www.mtsac.edu/noncreditapp

To register in person, complete a white registration card. This registration card serves as your application and registration document. You can get a blank white registration card from your teacher. After filling it out completely, please give it back to your teacher for processing.

Additional Program Information

About the Adults with Disabilities AWD/IMPACT Program

Mt. San Antonio College School of Continuing Education offers specialized courses designed to enable students with intellectual and/or developmental disabilities to attend college and achieve their goals. Our classes provide students with the skills they need to transition into more independent living and working environments in the community, and to prepare for other college courses. The Mt. SAC college campus and surrounding community provide a rich environment for instruction and skill development.

Course Modality

Course Modality refers to how an instructor delivers their course.

- **In Person Learning** takes place at a physical location at specific days/times.
- **Synchronous Learning** is online learning that happens in real time. This means that you, your classmates, and your instructor interact in a Zoom call through Canvas at a specific time.
- **Asynchronous Learning** is online learning that happens both in real time and on your schedule. All asynchronous classes have a weekly live Zoom call. In addition to the Zoom call, you are responsible for doing some work independently. You will be required to read, watch videos, participate in online discussion forums, or complete assignments outside of the scheduled Zoom time. You have the ability to access and satisfy these requirements within a flexible time frame.

Counseling

Our Adults with Disabilities (AWD/IMPACT) counselors provide career, academic, and personal guidance. If you are in need of support, they can connect you with applicable campus and community services. They are here to help you achieve your goals! If you are in need of counseling, please contact us at 909-274-4192 to schedule an appointment.

Student Support Volunteers

We always encourage our students to ask for help when they need it. With that in mind, we welcome coaches, parents, assistants, or caregivers to assist students during class. Mt. SAC does not provide coaching or caregiving services, but our counselors can connect you with community resources that do. Anyone who attends class who is not a student must complete the [AWD/IMPACT Volunteer Form](#) each term. All volunteers are expected to comply with college policies and procedures on and off campus.

Class Descriptions

Budgeting and Money Skills

ACCS ILSBB: Independent Living Skills – Basic Budgeting and Money Management

Build independent living skills through personal basic money management and budgeting.

ACCS ILMS: Independent Living Skills – Money Skills

Basic money skills necessary for performing accurate money exchange. Including currency identification, values of currency, and basic currency counting.

ACCS IBSID: Introduction to Banking for Students with Intellectual Disabilities

Basic banking skills for students with intellectual disabilities including writing and depositing checks and balancing accounts.

Communication and Managing Relationships

ACCS ILSRR: Independent Living Skills – Romantic Relationships

Overview of adult relationships including friendships, romantic, and intimate relationships.

ACCS ILSHS: Independent Living Skills – Human Sexuality

Overview of human sexuality including health, safety, attitudes, behaviors, personal values, and relationships.

Functional Skills for Academic Success

ACCS MBS: Independent Living Skills – Memory Building Skills

Memory building skills for students with developmental disabilities.

Lifelong Learning and Community Involvement

ACCS ELL01: Lifelong Learning for Adults with Disabilities

Educational activities for students with disabilities emphasizing physical, cognitive, social, and emotional skill development. *For more information about these classes, please contact a counselor.*

ACCS ILPLS: Independent Living Skills – Practical Living Skills

Practical living skills to successfully integrate into the community setting.

ACCS ILSPC: Independent Living Skills – Personal Care

Daily living skills in personal care.

ACCS ILCS: Independent Living Skills – Consumer Skills

Basic consumer skills for students with intellectual disabilities to improve independent living.

ACCS ILHFS: Independent Living Skills – Health and Fitness

Healthy living for people with intellectual disabilities, including diet, nutrition, disease prevention, and application of physical fitness principles for health.

ACCS ILSD: Independent Living Skills - Self Determination

Self-determination skills for students including personal responsibility, choices, and skills and limits.

Personal Safety and Emergency Preparedness

ACCS ILSSS: Independent Living Skills – Safety Skills

Personal safety for students with intellectual disabilities, designed to improve personal safety in the home and community.

ACCS IAEP: Interacting with Emergency Personnel and Authorities

Prepares students with disabilities to interact with emergency personnel including law enforcement. Overview of the criminal justice system and reporting victimization.

Preparing for a Career

ACCS SSW: Social Skills for the Workforce

Basic social skills class for students interested in meaningful employment including good working habits, communication needs, and how to interact appropriately with co-workers and supervisors.

ACCS RRW: Introduction to your Rights and Responsibilities in the Workplace

Introduction to rights and responsibilities in a workforce setting for adults with disabilities. Overview of safe working environments, recognizing harassment, basic time management expectations, and importance of appropriate teamwork.

Mt. San Antonio College Classes (Mt. SAC)

CRN	Class	Day	Start Time	End Time	Start Date	End Date	Location	Instructor & Email
**23455	ELL01 Lifelong Learning	M	9:00 AM	11:30 AM	8/26	12/16	40-126	Zapata, Kristine kzapata5@mtsac.edu
23607	ILCS Consumer Skills	M	10:00 AM	12:25 PM	8/26	12/16	40-119	Medina, Allison amedina41@mtsac.edu
23613	ILMS Money Skills	M	10:00 AM	12:25 PM	8/26	12/16	40-121	Beltran, Jo Anne jbeltran66@mtsac.edu
**23456	ELL01 Lifelong Learning	M	12:30 PM	3:00 PM	8/26	12/16	40-126	Zapata, Kristine kzapata5@mtsac.edu
23616	ILSBB Basic Budgeting and Money Management	M	1:00 PM	3:50 PM	8/26	10/28	40-119	Luu, Jennifer jluu15@mtsac.edu
24091	ILSBB Basic Budgeting and Money Management	M	1:00 PM	3:50 PM	11/4	12/16	40-119	Espinoza, Laura lespinozarodriguez@mtsac.edu
23614	ILPLS Practical Living Skills	T	10:00 AM	12:25 PM	8/27	12/17	40-119	Zapata, Kristine kzapata5@mtsac.edu
23618	ILSD Self Determination	T	10:00 AM	12:25 PM	8/27	12/10	40-121	Ramirez, Briseida bramirezatalan@mtsac.edu
23457	ELL01 Lifelong Learning	T	10:00 AM	12:25 PM	8/27	12/17	80-1401	Ndirangu-Mwathi, Agnes andirangu@mtsac.edu
23626	RRW Rights and Responsibilities in the Workplace	T	1:00 PM	3:50 PM	8/27	12/17	40-119	Espinoza, Laura lespinozarodriguez@mtsac.edu
23624	MBS Memory Building Skills	T	1:00 PM	3:50 PM	8/27	12/17	40-121	Hollenbeck, Greg ghollenbeck1@mtsac.edu
23604	IAEP Interacting with Emergency Personnel	W	9:45 AM	12:35 PM	8/28	10/30	40-119	Luu, Jennifer jluu15@mtsac.edu
24090	IAEP Interacting with Emergency Personnel	W	9:45 AM	12:35 PM	11/6	12/18	40-119	Cardona, Yasmin ycardona3@mtsac.edu
23461	ELL01 Lifelong Learning	W	10:00 AM	12:10 PM	8/28	12/18	40 -121	Espinoza, Laura lespinozarodriguez@mtsac.edu
23620	ILSHS Human Sexuality	W	10:00 AM	12:25 PM	8/28	12/11	80-1401	Ramirez, Briseida bramirezatalan@mtsac.edu
23619	ILSD Self Determination	W	1:00 PM	3:50 PM	8/28	12/18	40-119	Zapata, Kristine kzapata5@mtsac.edu
23462	ELL01 Lifelong Learning	Th	10:00 AM	12:25 PM	8/29	12/19	40-119	Medina, Allison amedina41@mtsac.edu

23625	MBS Memory Building Skills	Th	10:00 AM	12:25 PM	8/29	12/19	80-1401	Espinoza, Laura lespinozarodriguez@mtsac.edu
**23463	ELL01 Lifelong Learning	Th	11:00 AM	12:50 PM	8/29	12/19	40-126	Zapata, Kristine kzapata5@mtsac.edu
23627	SSW Social Skills for the Workforce	Th	1:00 PM	3:50 PM	8/29	12/19	40-119	Medina, Allison amedina41@mtsac.edu

Cameron Park Community Center Classes (CMRMPK)

1305 E. Cameron Ave.
West Covina, CA 91790
Phone: (626) 919-6966

CRN	Class	Day	Start Time	End Time	Start Date	End Date	Instructor & Email
23623	ILSSS Safety Skills	M	9:00 AM	11:50 AM	8/26	12/16	Reyes, Oscar oreyes25@mtsac.edu
23617	ILSBB Basic Budgeting and Money Management	W	9:00 AM	11:50 AM	8/28	12/18	Reyes, Oscar oreyes25@mtsac.edu

La Verne Community Center Classes (LV)

3680 D St.

La Verne, CA 91750

Phone: (909) 596-8776

CRN	Class	Day	Start Time	End Time	Start Date	End Date	Instructor & Email
23605	IBSID Introduction to Banking	M	9:00 AM	11:50 AM	8/26	12/16	Espinoza, Laura lespinozarodriguez@mtsac.edu
23615	ILPLS Practical Living Skills	W	9:00 AM	11:50 AM	8/28	12/18	Lemus, Ariana alemus36@mtsac.edu
23621	ILSPC Personal Care	F	9:00 AM	11:50 AM	8/30	12/20	Cardona, Yasmin ycardona3@mtsac.edu

Palmview Park Classes (PVPK)

1340 E Puente Ave.
West Covina, CA 91790
Phone: (626) 919-6966

CRN	Class	Day	Start Time	End Time	Start Date	End Date	Instructor & Email
23611	ILHFS Health and Fitness Skills	M	9:00 AM	11:50 AM	8/26	12/16	Lemus, Ariana alemus36@mtsac.edu
23606	IBSID Introduction to Banking	T	9:00 AM	12:05 PM	8/27	12/10	Cardona, Yasmin ycardona3@mtsac.edu
**23460	ELL01 Lifelong Learning	W	9:00 AM	11:35 AM	8/28	12/18	Zapata, Kristine kzapata5@mtsac.edu
23622	ILSRR Romantic Relationships	Th	9:00 AM	12:05 PM	8/29	12/19	Ndirangu-Mwathi, Agnes andirangu@mtsac.edu
23899	ILSPC Personal Care	F	9:00 AM	11:50 AM	8/30	12/20	Reyes, Oscar oreyes25@mtsac.edu

San Dimas Senior/Community Center Classes (SD)

201 E. Bonita Ave.
San Dimas, CA 91773
Phone: (909) 394-6293

CRN	Class	Day	Start Time	End Time	Start Date	End Date	Instructor & Email
23608	ILCS Consumer Skills	T	9:00 AM	11:20 AM	8/27	12/17	Espinoza, Laura lespinozarodriguez@mtsac.edu

Stanley Plummer Building Classes (PLUM)

245 E. Bonita Ave.
San Dimas, CA 91773
Phone: (909) 394-6290

CRN	Class	Day	Start Time	End Time	Start Date	End Date	Instructor & Email
23612	ILHFS Health and Fitness Skills	Th	10:30 AM	11:55 AM	8/29	12/19	Lemus, Ariana alemus36@mtsac.edu

Vocational Re-Entry Program

Mt. San Antonio College's School of Continuing Education offers vocational re-entry (VRE) courses and certificates for adults returning to the workforce and as a means of supplemental income. Classes are available online, on campus, and at various locations and community centers. Students enroll in these classes to learn vocational skills that they can use to start a new career, start their own business, earn additional income, or to support their community. Students can earn certificates in Office Computer Applications, Basic Excel Applications, Basic Computer Presentations & Publication, Microenterprise, or Sewing & Tailoring.

You can view the VRE Schedule online at www.mtsac.edu/eoa.

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SCHOOL OF CONTINUING EDUCATION STUDENT ONLINE SUPPORT

SCE SOS

Our Student Online Support program provides noncredit students with LIVE, one-on-one assistance with online/technology support to help you navigate, access, and succeed in your courses!

WHAT WE HELP WITH:

- Mt. SAC Portal
- Mountie Mail
- Noncredit Application
- Canvas
- Zoom
- And much more!

FALL 2024 ZOOM HOURS:

Monday-Thursday: 9am-1pm & 3pm-7pm
Friday 8:30am-4pm

FALL 2024 IN-PERSON HOURS:

Monday: 9am- 1pm (Bldg 30, Rm 111)
Tuesday: 9am- 1pm (Bldg 66, Rm 171)
Tuesday: 9am- 1pm (Bldg 40, Rm 127)

HOW TO CONTACT US:



ZOOM: <https://mtsac-edu.zoom.us/j/95117998111>

- Click the link above to join
- Type the URL address above to join
- Scan QR code to join →



CALL: (909) 274-6100



EMAIL: sce@mtsac.edu



Follow us on Instagram!



Semester Dates

Fall 2024

Registration is ongoing

Classes Begin: August 26, 2024

Classes End: December 22, 2024

Holidays: September 2, November 11, November 28, and November 29

Winter 2025

Registration Begins: November 6, 2024

Classes Begin: January 6, 2025

Classes End: February 16, 2025

Holidays: January 20 and February 14

Spring 2025

Registration Begins: November 6, 2024

Classes Begin: February 24, 2025

Classes End: June 22, 2025

Holidays: March 31, May 26, and June 19