

**Mt. San Antonio College
Employee Wellness Committee
October 3, 2018**

Committee Members:

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|---|---|--|--|
| <input checked="" type="checkbox"/> Duetta Langevin | <input checked="" type="checkbox"/> Joe Jennum | <input checked="" type="checkbox"/> Marti Whitford | <input type="checkbox"/> Arthur Gonzalez - Unit 651 |
| <input checked="" type="checkbox"/> K.C. Kranz | <input checked="" type="checkbox"/> Stacy Lee | <input type="checkbox"/> Carmen Conover, Kaiser | Representative |
| <input checked="" type="checkbox"/> Joanne Franco | <input checked="" type="checkbox"/> Zaira Jimenez | <input type="checkbox"/> David Casto - Unit 651 | <input checked="" type="checkbox"/> Andrea Solorzano (notes) |
| <input checked="" type="checkbox"/> Sandra Weatherilt | <input type="checkbox"/> Lianne Greenlee | Representative | <input type="checkbox"/> Sandy Cisneros, UHC |
| <input checked="" type="checkbox"/> Melissa Aguirre | <input type="checkbox"/> Alexis Carter | <input checked="" type="checkbox"/> Meagan Nolan- Marion | |

ITEM	DISCUSSION/COMMENTS	ACTION/OUTCOME
1. Welcome/Introductions		
2. Agenda Review		
3. Review meeting notes from September 5, 2018	Approved	Andie will post on website
4. Walker Tracker	<p>KC reviewed the status with Walker Tracker.</p> <p>32% are meeting the 8,000 steps/ 68% are not. It was discussed that maybe the participants are not converting their activities.</p> <p>KC will send out an email to participants with an update informing them that they have 20 days left and ask if they are converting activities in the app. KC will attach the link.</p> <p>The wrap up party will be on 10/24/18 with a light lunch, shirt give away and raffles.</p>	
5. Employee Wellness Fair	The Fair will take place on 11/30/18. Jim in	

	<p>event services moved the canopies. They will be near the rose gardens in front of building 6. The Kaiser mobile vehicle will be next to building 7.</p> <p>Vendors are responding – many are the same from last year.</p> <p>The committee discussed how to run the raffle and try to make it where the participants had to possibly card with vendors to enter. Scan code was a suggestion.</p> <p>Discussed possible extra raffle with a card and questions.</p> <p>Duetta will work on funding the lunch for the fair.</p> <p>At the next meeting the committee can discuss the participant survey for the fair and come up with questions.</p>	
<p>6. Kinesiology & Athletics building plan</p>	<p>KC will hold off on discussing the building plan until the November meeting. Dr. Scroggins was invited to that meeting.</p> <p>The committee discussed questions that would be asked or presented to Dr. Scroggins in the November meeting.</p> <ul style="list-style-type: none">• What does he see and want from this committee?	

Wellness Task Force
Group Memory

	<ul style="list-style-type: none">• Budget, support and incentive• Present activities• Administrative help• What does the new building look like and how it will run?• President promotion – walk with the president	
7. Purpose and Function – added at the time of the meeting	Reviewed and approved the Purpose and Function for the committee.	KC to submit for PAC
8.		

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Future Action Items		
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Future Meetings:
November 7, 2018