

Employee Wellness Committee



MEETING AGENDA

August 2, 2023

Facilitator: Lorraine Jones and Duetta Wasson

Location: 720-2210G or Zoom

Time: 2:00pm-3:30pm

Committee Members:

Duetta Wasson	Sandra Weatherilt	
Lucy De Leon	Seth Meyers/ Chris Failla	Stacy Lee
Joe Jennum	Norma Vizcarra	Andie Solorzano (notes)
Lorraine Jones	Lizette Henderson	
Alexis Carter	Arthur Gonzalez	
Marta Lopez	Misty Kolchakian	

AGENDA ITEMS:

1. Welcome/Introduction
2. Review agenda
3. Review meeting notes from June 7, 2023
4. Walker Wrap Up Party Update – New Challenge started July 17th
5. Upcoming Employee Wellness Classes
 - Fitness Group Classes for Fall
 - Renewal of Cooking and Breath work classes
 - AV Screen posting in the Wellness Center for Fall
6. Employee mental health update – Marta/Seth/Chris
7. Employee Wellness Fair

Employee Wellness Committee upcoming meetings:

September 6, 2023

October 4, 2023

Future Agenda Items:

Wellness Program Incentive Point System