

SABBATICAL LEAVE REPORT

Spring Semester 1978



Janet Reilly

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## SUMMARY

I would like to express my appreciation to the Sabbatical Leave Committee and the Board of Trustees at Mt. San Antonio College, for allowing me to take this semester to pursue studies and research in my area of nursing. I thoroughly enjoyed the freedom to take the courses I felt were necessary to update my knowledge and teaching techniques. I feel that each of the activities to the classroom and clinical areas in the Fall of 1978. The time away from the usual routine has been refreshing both physically and mentally.

One objective of my leave, was to research the feasibility of making videotapes on our campus to enhance the vocational nursing curriculum. I first visited the Learning Laboratory at the Veteran's Hospital in Long Beach. This proved to be very helpful in setting guidelines of practicality. I made a videotape in the studio at Mt. San Antonio College with the cooperation of a colleague, Mrs. Wyatt, and the staff of the film center. This videotape, "The Occupied Bed," is on file in the audio-visual department here at the college for the use of the Allied Health Laboratories. I am personally convinced that other videotapes should be made and would be very useful in order to save

demonstration time in the classroom. These videotapes could also be utilized in a learning laboratory as a means of reinforcement. This videotape will be used during the Fall Semester to evaluate its effectiveness.

My second objective was met by taking a course in "Physical Assessment." This was a four unit course offered designed to prepare registered nurses to assess the health status of patients, by introducing and equipping them with the techniques of taking a medical history and utilization of inspection, auscultation, percussion and instrumentation. We were required to do three extensive examinations of patients to include history, physical examination, mental status, practicing all of the techniques taught in the class. Following this, we had to submit a detailed written report of the findings. Our final examination included a written examination and a practicum. The course provided an excellent review of the human anatomy and physiology. It strengthened my knowledge and enhanced my techniques in patient assessment, which is a vital part of nursing. It also cast me into the role of student, reminding me of the many pressures inherent therein.

My third objective was to visit institutions specializing in the care of the handicapped. I spend considerable time at Casa Colina Hospital in Pomona, a renowned rehabilitation facility. This hospital has both in and out-patient programs. They offer the

services of psychologists, physical therapists, occupational therapists, speech therapists, vocational counselors, nurses and physicians. They offer a wide range of educational programs for allied health personnel. I was pleased to see that they have in their employ, two vocational nurses who graduated from our program. The time I spent there, gave me a greater insight into the new approaches utilized the area of rehabilitation medicine and the results. Since the patients involved, have varying problems, this will be of value in teaching in many areas of nursing.

My fourth and last objective was to attend workshops and seminars within my areas of teaching. I attended two such workshops. The first was two-day workshop offered by the University of California at Los Angeles called, "Assessment of the Geriatric Patient." This focused on the particular physical, mental and emotional changes occurring during the aging process. Since a very large percentage of nursing time is spent with the aged, it is important to keep abreast of current data and techniques to pass them on to students. A second workshop was held at Pomona Valley Hospital, "Neurological Nursing Update," presented by nurses, two neurosurgeons, a neuro-ophthalmologist and the inservice department. It was a presentation of two recent types of neurosurgery and the accompanying nursing care.

REILLY, JANET L		GRADUATE		COURSE DESCRIPTION		UNITS ATTEMPTED	UNITS EARNED	GRADE	GRADE POINTS
0120	NURS	278	068739	01	WINTER EXTENSION PHYSICAL ASSESS TOTALS	4	4	B	12
TOTAL UNITS ATTENDED		TOTAL UNITS EARNED		TOTAL POINTS		068739		G.P.A.	

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7-27-76

CALIFORNIA STATE UNIVERSITY, LOS ANGELES  
OFFICE OF CONTINUING EDUCATION - DEPARTMENT OF NURSING  
5151 State University Drive  
Los Angeles, California 90032

THIS IS TO CERTIFY THAT:

JANET REILLY

313 E. GLENDON WAY

License No. C 110491

ALHAMBRA, CA 91801

HAS COMPLETED THE FOLLOWING COURSE:

ASSESSMENT OF THE GERIATRIC PATIENT

Inclusive Dates of Course: MAY 5&6, 1978

Contact Hours 14 Instructor(s) BEVERLY BIGLER, R.N., M.S.

THIS COURSE HAS BEEN APPROVED BY THE CALIFORNIA BOARD OF REGISTERED NURSING  
BRN PROVIDER NO. 00154

This certificate must be retained  
by the licensee for a period of 4  
years after the course concludes.

*DeAnn Young, R.N., M.N.*  
DeAnn Young, R.N., M.N., Coordinator  
Continuing Education for Nurses

POMONA VALLEY COMMUNITY HOSPITAL  
Pomona, California 91767

*This certifies that*

Name JANET REILLY R.N.# C110491

*Has successfully completed* 6 *hours of instruction*

In NEUROLOGICAL NURSING UPDATE '78 B.R.N. Provider  
No. 00112

*Ruth E. McEwen, RN.*

Instructor

"Assoc. Director Nursing  
Inservice Education"

April 1, 1978

Title

Date

*This certificate must be retained by the licensee for a period of 4 years from  
date the course concludes.*