

Sabbatical Leave Report
September, 1974 to June, 1975

Presented to the
Board of Trustees
Mt. San Antonio Junior College
Walnut, California

by
Beverly J. Stephens

November 12, 1975

On September 29, 1974, I entered Loma Linda University Graduate School in search of a more current knowledge in the field of generalized nursing with an emphasis on Maternal-Child Nursing and a specialty in teaching.

I found Loma Linda University to be an institution where the faculty are well qualified and dedicated to giving their all to the job they've been hired to do. A basic Christian philosophy exists among all (students and faculty alike) where Christ is accepted as the Master Physician which is conducive to learning and in stimulating a feeling of brotherly love.

It is impossible to relate all the things I learned and the experiences I encountered. Not only did I increase, by many fold, my medical and nursing knowledge and skills; I also learned a great deal about such things as research methods, crisis intervention, behavior modification, new teaching methods, etc. I feel that all of these things have greatly enhanced my skills so that I might be more creative and effective in my teaching at Mt. San Antonio Jr. College. I will here address my comments to those experiences which were most meaningful and helpful to me.

Each quarter a major portion of my study was spent learning about new concepts in maternal and child health care. We studied (and taught our peers) in detail such things as disease entities, pathophysiology, social and cultural considerations of these conditions, and the nursing implications and interventions. In each instance we were expected to devise new nursing interventions.

In addition to formal classroom work, each student was required to spend a minimum of eight to twelve hours each week in the Medical Center working with patients in her major area of study. I spent many hours in the intensive care nursery, pediatric area, and the obstetrics department.

These experiences in the classroom and actual patient contact situations were invaluable in helping me to increase knowledge and skills which I can pass on to the students at Mt. Sac in Maternal and Child Health Nursing.

Also each quarter I studied about methods of research both in nursing and education which I feel has helped me greatly in searching out new information to stimulate learning on the part of the student. It has also stimulated my awareness of areas where research is greatly needed. I hope in the future to be able to put this knowledge to use by actually doing some research and submitting conclusions for publication.

Spring quarter I took a class in teaching methods which was heavily concentrated and which included many new methods of teaching. I was required to utilize these methods in teaching a small group of my peers and a group of baccalaureate degree students.

Summer quarter was spent in teaching (under supervision) a course in pediatric nursing to a group of A.S. degree students at Loma Linda.

I have already utilized many of the things learned in the teaching classes in my own teaching here at Mt. Sac since returning in September.

I definitely learned how it feels to be on the "other side of the fence"--that of being a student. I relearned how it feels to be a student; the time involved, and relationships between student and teacher from the student's point of view. This experience gave me a much better understanding of the problems involved with being a student, the things which enhance learning, and the factors which detract from and inhibit learning. I am finding that this is helping me greatly in my teaching of students and in understanding each individual learning difficulty.

A total of 52 quarter units is required to receive a Master's degree at Loma Linda University with 30 of those units required in the major area. From September until August, I completed 48 of those units, having taken one class from California State University at Los Angeles during the summer. This was a four-unit course in behavioral science. I am currently completing five units at Loma Linda University and expect to have all work completed by December 17, 1975. Attached is a transcript of the work I have thus far completed.

Two of my colleagues and I elected to work together on a research project in which we attempted to describe the concepts of death held by school age children (6-12 years) in three religious groups. The proposal, data collection, and initial research draft have all been completed. We are awaiting suggestions or acceptance from our major research advisor so we can complete the final draft. At the completion of this draft, I will forward a copy to you for your information and evaluation.

I appreciate very much the opportunity I have had to attend this fine university and further my knowledge in nursing and teaching. I would like to thank the Board of Trustees, College Administrators, and the Vocational Nursing Department for having made this very worthwhile experience possible.

--Beverly J. Stephens

BJS:pc

Enclosure

Name STEPHENS, BEVERLY JAYNE Sex F ID No. 528-36-5534

Birthdate 11-13-31 Birthplace Utah Citizenship U.S.

Address at initial admission 6133 Starcrest Dr., Glendora, California

Parent or guardian C.L. Dyet

Secondary school Carbon High School Graduation date 1949

Address _____

ADVANCED STANDING: College / University	Units attmp	Units acptd	Gr. Pts.	GPA
University of Utah				
University of California, L. A.				
Cal State-Los Angeles				

ADMISSION: Date / School / Curriculum		
<u>10-2-74</u>	<u>Graduate School</u>	<u>Nursing</u>

COMPLETION: Degree conferred / Certificate granted / Date		
Degree <u>Bachelor of Science</u>	<u>Utah</u>	<u>1953</u>
Major <u>Nursing</u>		
Degree _____		
Major _____		
Degree _____		
Major _____		
Degree _____		
Major _____		
Certificate _____		

GRADES: A outstanding, B very good, C satisfactory, D minimum accepted, DESIGNATIONS: I Incomplete, P passing, S satisfactory, AC attendance credit, AU audit, IP In progress, NC no credit.
 QUARTER UNIT: One quarter unit represents one 50-minute class period per week for one quarter (10 weeks of instruction); Laboratory and vocational assignments are evaluated at 2-3 clock hours per week for 1 credit unit.
 A copy of this Permanent Record signed by the Registrar and impressed with the University seal constitutes an official record.

Dept.	No.	Course Title	Qtr units attempted	Qtr units earned	Grade GPA	Grade point
AUTUMN, 1974 STEPHENS BEVERLY J 528-36-5534 GPR L						
PHSL	401	PHYSIOLOGY	4.0	4.0	B	12.
NRSG	691	NURSING SEMINAR	(1.0)		IP	
NRSG	561	MOTHER & CHILD NURSI	6.0	6.0	B+	19.
SOCI	501	SOCIAL RESEARCH METHO	2.0	2.0	B+	6.
		TERM SUMMARY	12.0	12.0	3.2	38.
WINTER, 1975 STEPHENS BEVERLY J 528-36-5534 GPR L						
NRSG	691	NURSG RESEARCH SEMINAR		1.0		
NRSG	664	SURVEY HUMAN DEVELOPME	2.0	2.0	F	1.
EDCT	515	THE DEVELOP IN HIGHED.	3.0	3.0	A-	10.
PHSL	571	CLIN CARDIOPULMNY PRG	4.0	4.0	B+	13.
NRSG	662	MOTHER & CHILD NURSIN	5.0	5.0	A	20.
		TERM SUMMARY	14.0	15.0	3.7	52.
SPRING, 1975 STEPHENS BEVERLY J 528-36-5534 GMA L						
NRSG	563	MOTHER & CHILD NURSING	4.0	4.0	A	16.
NRSG	697	NON-THESIS RESRCH PROJ	(2.0)		IP	
NRSG	554	SYST PATIENT ASSESSMENT		3.0	S	
NRSG	544	NURSING LEADERSHIP	3.0	3.0	A-	11.
		TERM SUMMARY	7.0	10.0	3.9	27.
SUMMER, 1975 STEPHENS BEVERLY J 528-36-5534 GMA L						
NRSG	697	RESEARCH	(2.0)		IP	
NRSG	545	PRACT NRSG LDRSH TCHG	4.0	4.0	B+	13.
		TERM SUMMARY	4.0	4.0	3.3	13.
		CUMULATIVE	37.0	41.0	3.5	131.
TRANSFER CREDIT, CALIFORNIA STATE COLLEGE AT LOS ANGELES						
PSY	512	BEHAVIOR DISORDERS		4.0		

Issued to Student

2-2-76 *Jean M. Cook*
 DATE ISSUED DEPUTY REGISTRAR

